

IS IT COVID-19?

SCPH Guidance for Schools & Child Care

If a student has any of the following symptoms:

FEVER OR CHILLS

SHORTNESS OF BREATH

FATIGUE

HEADACHE

SORE THROAT

NAUSEA OR VOMITING

COUGH

DIFFICULTY BREATHING

MUSCLE OR BODY ACHES

NEW LOSS OF TASTE OR SMELL

CONGESTION OR RUNNY NOSE

DIARRHEA

Recommend that the student test for COVID-19.

If COVID-19 test is **NEGATIVE:**

Return to school if at least 24 hours have passed since fever **and** symptoms have improved.

If COVID-19 test is **POSITIVE:**

Follow [CDPH COVID-19 Isolation Guidance](#).

For employee health, refer to [Cal/OSHA](#).

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SACRAMENTO COUNTY



**PUBLIC
HEALTH**

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